



Important Information Regarding Your Surgery

- ◇ Unless you are told differently from your Doctor or the Surgery Center, **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** the night before your surgery. This does include water or coffee.

- ◇ You will receive a call from the Surgery Center before your scheduled surgery day to discuss any medications you take. If they instruct you to take any of your medications the morning of your surgery, **ONLY** take them with a very small sip of water.

- ◇ If you are on any blood thinners, i.e. aspirin, Coumadin, Plavix, etc. you will need to call the prescribing doctor for this medicine and have them instruct you on stopping before your surgery unless your surgeon has given you instructions on this.

- ◇ Please remember for your safety it is required that on the day of your surgery you will need someone at least the age of 18 or older to be with you at the Surgery Center for the entirety of your time there and to drive you home after the surgery.

- ◇ If any of these instructions are not followed then unfortunately your surgery will be postponed or cancelled.

- ◇ Should you have any questions about these instructions or need to change or cancel your surgery, please call me at 828-253-7521 x 339

Thank You,

Tracy Parham, Surgery Scheduling Coordinator